

Take Our Bra Quiz

Answer the following *questions to see if it's time for a new Bra. If you answer **YES** to **one** of these questions, you might be ready for a new bra. If you answer **YES** to **two** of these questions, you are most likely ready, and if you say **YES** to **3** or more, don't wait any longer...give us a call! **Remember the fitting is always free!***

- 1. Have you gained or lost weight since you bought your last bra?** If your weight has changed **10 pounds** or more, and the middle hook just isn't doing it any more, you may need a new fitting and a new bra. If it's **20 or more**, you probably lost a band size and should come and see us, at **35** pounds you possibly need a cup size change as well and are no longer wearing the proper bra size.
- 2. Is your bra riding up the back?** Chances are you are not getting enough support, and/or the band is too big. Most women buy a bigger band size when what they really need is a bigger cup size.
- 3. Has it been more than 12 month since you last purchased a bra?** If you have been wearing the same bra for a year or more, unless it a Jeunique bra, it has lost most of its elasticity and what little support it did give.
- 4. Check the mirror, front and side in your current bra. Is your breast closer to your elbow than your shoulder (it should be half way).** If so, you are not getting the support you need.
- 5. Is the underwire poking into your skin or out of the fabric?** That's a sure sign you need to replace your bra.
- 6. Are you pregnant or nursing?** It's important to get yourself a good support bra before those stretch marks start to appear. An our bras are great nursing bras.
- 7. Is there a special occasion coming up?** You have a wedding or an anniversary, you're taking that special cruise or vacation and there are going to be lots of photos taken...you really want to have a youthful look and make that new outfit look even better....time for a Jeunique Custom Fitted Bra before you dress shop!
- 8. Have you stopped cut back on some exercise routines because it is too painful to your breasts ?** Your current bra is not giving you the support and direction that you need. With Jeunique Custom Fit Bras, there is no jiggling or bouncing when exercising and no pain!
- 9. We hate to ask, but does the bra you're wearing have holes, frayed straps, broken hooks?** You know if you answer yes to this one you really are past due for a bra fitting.
- 10. Have you ever had a rash, or itching under your breast area or on your upper abdomen?** Probably caused by perspiration being trapped under breast tissue that is not properly supported to allow air flow under the breasts. Our bras will lift the tissue up from that area allowing air to flow and reducing perspiration buildup.
- 11. Have you experienced back, shoulder, or neck pain after wearing your current bra all day?** Chances are you are not getting proper support and the weight of the breast tissue is all on the shoulder straps causing discomfort.
- 12. Has your breast tissue ever slipped out or your bra slipped up when reaching or stretching upward?** Your bra is not fitting securely against your body under the breast tissue. Our bras won't let it happen.
- 13. Does your cup "runneth over"?** That's a sure sign of a mis-fit bra.